INVEST IN ORANGE-FLESHED SWEETPOTATO (OFSP) FOR FOOD AND NUTRITION SECURITY IN MOZAMBIQUE



- OFSP, rich in energy, vitamin A and other micronutrients (vitamins C, E, K and B) can contribute to food security by improving nutrition and food utilization, availability and access
- Many OFSP varieties mature early (3-5 months) and are high yielding, meaning more food for the family and roots to sell and process
- A wide range of OFSP-based processed products such as bakery products, juice, chips, crisps, flour and noodles can increase farmers' income and open up new markets for the food industry

Invest in Orange-fleshed Sweetpotato for Health and Wealth





