# Improvement of processing technology research and utilization of sweet potato and its derived foods

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## Production and yield of Sweet-potato In Sichuan Province, P.R. China

In Sichuan, China,

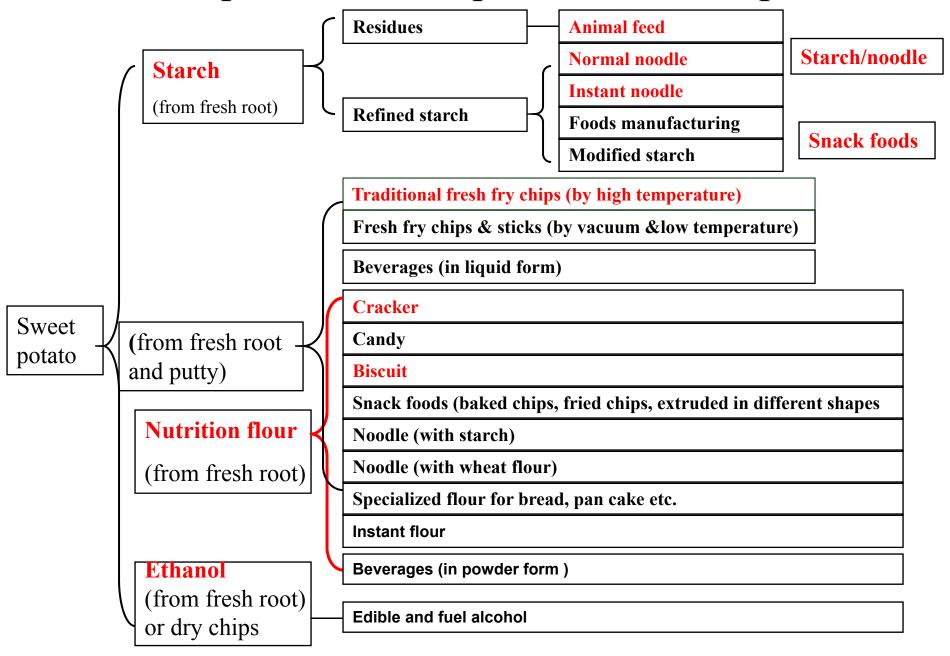
SP ranks first both in China and in the world;

Favorite natural condition with hilly land and mountain area;

Agro-industry processing has been set up successfully

Name	Area	Production
	(million ha)	(million ton)
In Sichuan Province,		
P.R. China	0.87	15

### Main products from potato and sweetpotato



### 1. Puree technology and machine

- 2.Flour technology and machine
- 3. Starch technology and machine
- 4. Noodle technology and machine
- 5. Snack foods technology and machine
  - 1) fresh frying
  - 2) extruding
  - 3) baking
  - 4) re-constructed

### Processing in Rwanda

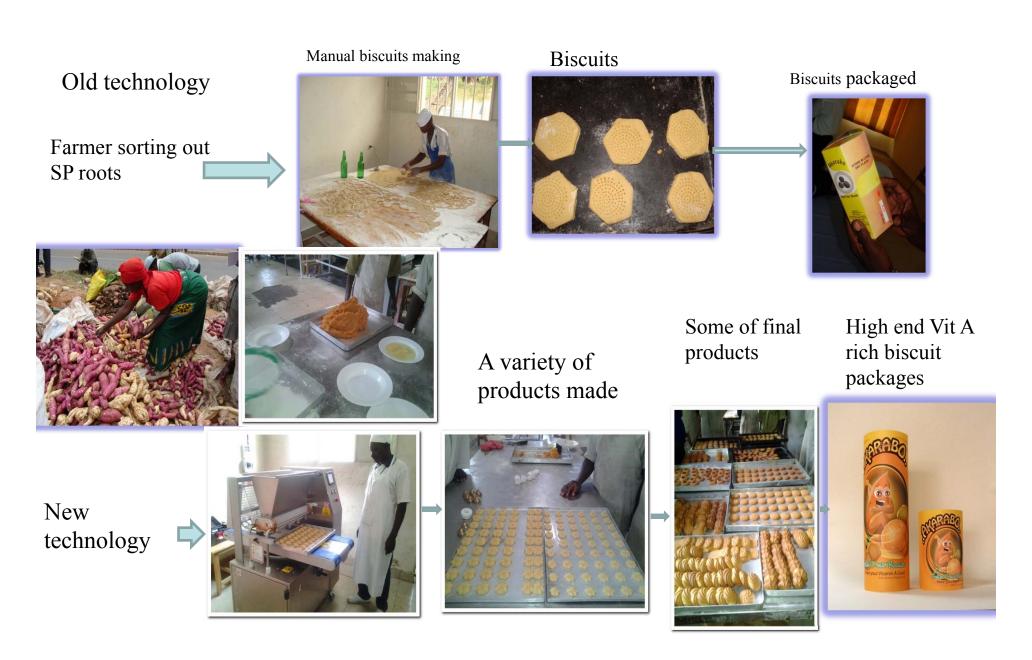
Flour processing

**Puree processing** 

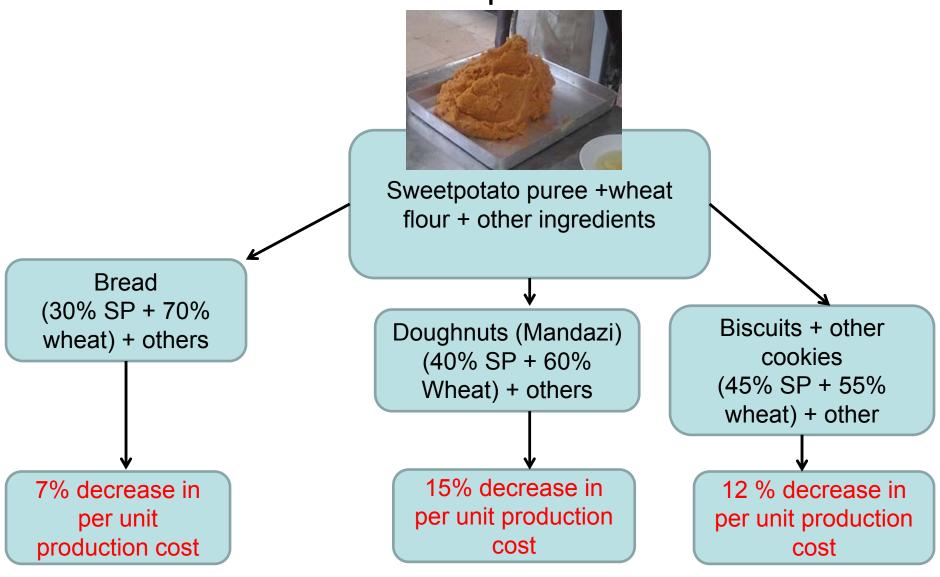




### Progress in product development



# Does it make economic sense to incorporate sweetpotato puree into bakery products? A look at 3 commercial products in Rwanda



### Sweet potato puree and its use

- 1. Energy saving
- 2. Wide use (similar use as flour)
- 3. Key improvement in technology
  - 1) machine:
    - peeling, mud extruder, sealed container
  - 2) mix and ingredients to keep color and nutrition
  - 3) sterilization method to keep longer (compare with freezing method)

## What are the necessary conditions for sweetpotato products to be successful?

- It only makes sense to incorporate SP into products if:
  - Processors can increase their incomes
  - Have a marketing edge due to nutritional content or any other desirable attributes
  - Technology is easy to adopt
- The products have to be better or as good as the 100% wheat based products

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### Sweet potato flour

#### **New Technology for Flour Production System**

- 1) Chip drying technology (fresh, semi-gelatinized, full-gelatinized)
- 2) Hot air current drying technology (beverage, food industry)
- 3) Drum drying technology (flake products) Key points:
  - color, flavor, production drying, cost, final derived products)





### Ways of processing sweetpotato flour in China





Workshop in construction

Pre-treatment-1

Pre-treatment-2







Hot air drying

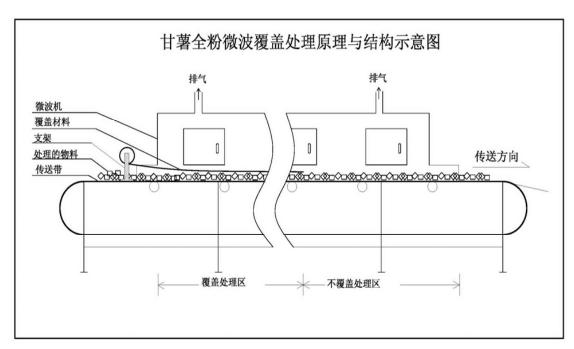


**Smashing** 



### New technology for Sweetpotato flour (& Puree)

- Method -1 Microwave +hot air drying
- Method -2 Microwave +Current drying





- 1. Fresh –cut---microwave—hot air drying –sieve—packing--products
- 2 Fresh –cut---microwave—hot air drying –sieve—packing--products







### Sweet potato puree and its use (yellow and purple)









# Comparison between sweet potato flour and puree

sweet potato flour sweet potato puree

1) Energy & cost larger small (no drying) save US\$

by 100, no sterilization

2) Nutrition loss some full (especially fresh method)

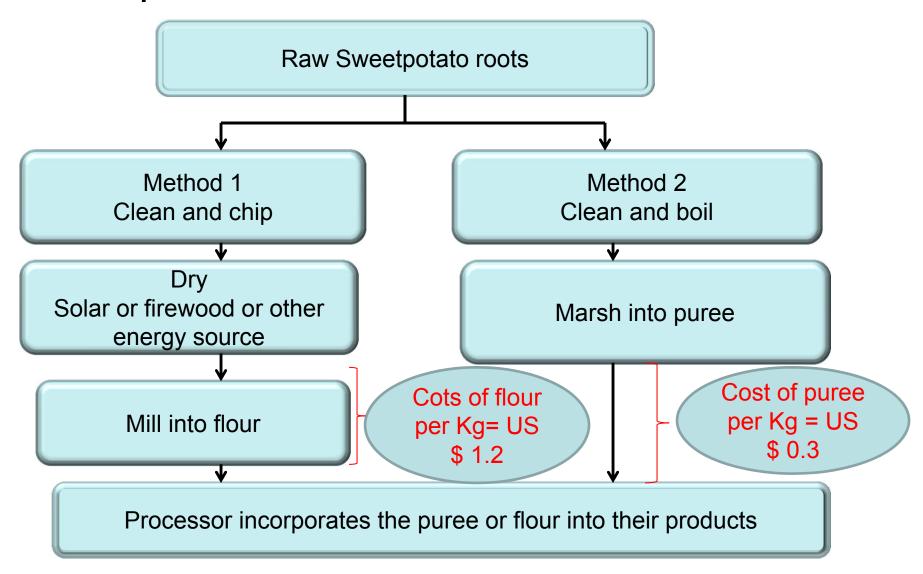
3) Flavour loss a little very few loss

4) Derived use see later see later

### Sweet-potato flour and puree derived products

- 1) biscuit
- 2) instant flour
- 3) instant noodle (with corn etc.)
- 4) cooking noodle
- 5) cracker
- 6) sweet potato candy (re-structured)
- 7) complex chips
- 8) restructured sweet-potato rice
- 9) beverage (in the form of flour)
- 10) specialized flour for dumping, steamed bread etc.

## Processing technology development and cost comparison between SP flour and Puree



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### R & D by SAAS in processing

 Advanced processing technologies and machines in starch R & D by SAAS since 1990s'

1. Starch series refined starch, modified starch, noodle, instant noodle, They have formed an agro-industry processing	With: 1. Sweet-potato and other root & tuber crops of cassava, canna etc., 2. together with corn, wheat flour etc.
2. Other products (foods) Instant food, canned food, beverages, dehydrated products etc.	With: Fruits, Vegetables, Meats

### Potato and Sweet potato starch processing system

**Coarse starch** (medium scale or small scale by farmers)

**Refined starch** (medium and large scale)

	_Instant noodle	
	Noodle (for cooking)	35%
Series products \	Food industry	1 <b>0%</b>
	Family cooking  Modified starch	8 <b>%</b>
	Modified starch	2 <b>%</b>







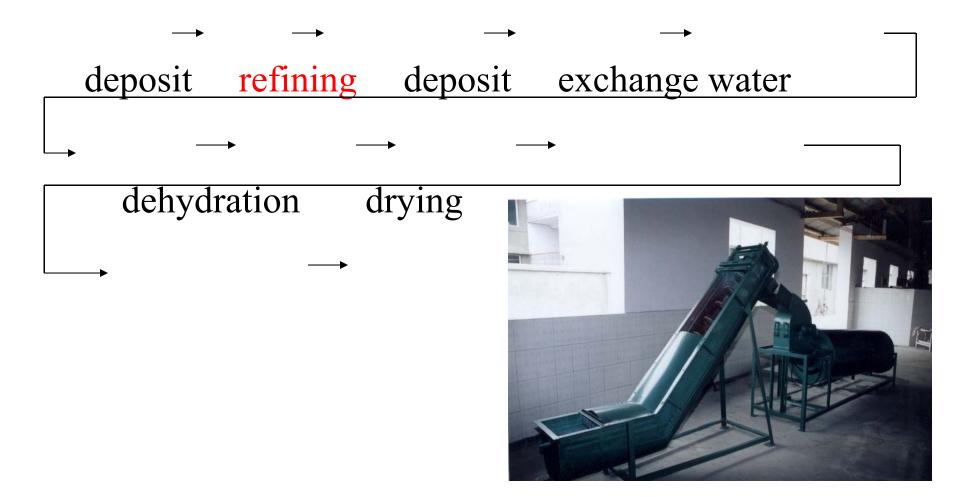




### Potato and Sweet potato starch processing procedure

Improved starch procedure, machine and its operation:

Fresh root wash smashing filtration "sour liquid"



### Starch machines

### Main improved machines

- washing machine (cage washer, vertical washer inclined lifter,)
- <u>smashing machine</u> (multi-function hammer machine, saw-drum machine)
- separating machine
- refining machine (centrifuge, cyclone)
- drying machine (hot current machine)





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### Noodle processing new technology

- 1. Extruding method (popular)
  - (by extruder with single or double screws, quality of tolerance)
- 2. Heated extruding method (popular)

(heated by water)

- 3. Hot water gelatinizing method (popular)
  - a) Mixing & beating by hand by manual
  - b) Mixing & beating by hand by machine
- 4. Sheeting method (in large scale)

with the sheeting noodle machine line







### Heated and non-heated extruding method

starch → mixing → extruding —

→ cutting → cooling → separating\_

freezing — drying \_ packing

# Starch instant noodle

Production chain
 coarse starch → refined
 starch
 (starch quality, starch
 quantity, profit to farmers,
 bigger processors and
 sellers)



- 2) It is the same convenient as wheat instant noodle
- 3) special mouth feeling and nutrition:

special tolerant characteristics come from sweet potato and potato starch whole nutrition instant noodle---by fresh roots have been made into varies of instant foods ----by combining with rice, other crops etc.



### Hot water gelatinizing method

starch — mixing— vacuum treating—

→ extruding → cooling → freezing —

→ separating → drying → packing

### Sheeting method

starch mixing sheeting steaming

\_\_\_\_ cooling\_\_\_\_ aging\_\_\_ cutting -

\_\_\_\_\_ shaping\_\_\_\_\_ drying\_\_\_\_\_ packing





# Possibilities of working as a family enterprise and modern factory making noodles







Modern factory







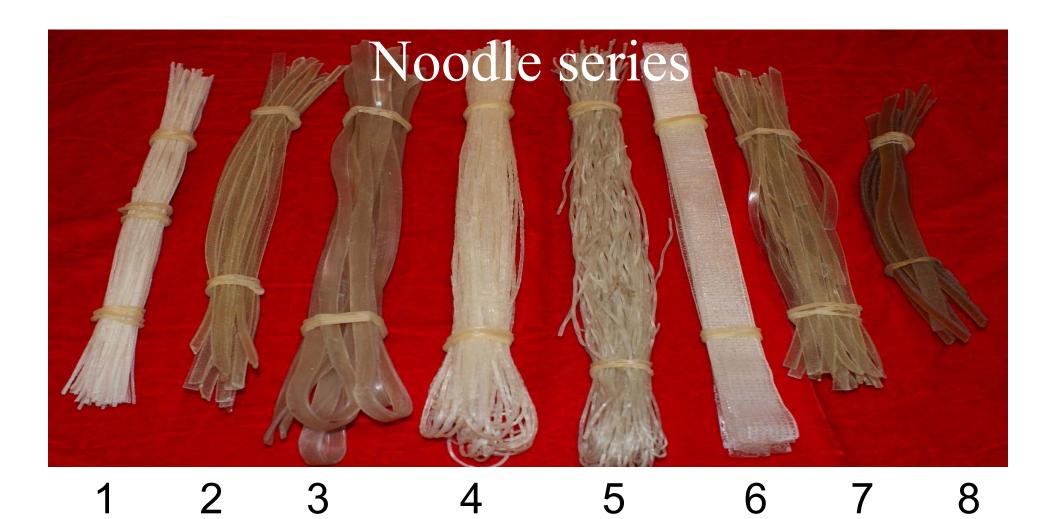












Sheeting method: 1, 2, 6, 7, 8

Extruding method: 4

Manual method: 5

### Analysis of starch and noodle processing economy effect

In sweet potato planting area: an ordinary farmer family, 10ton fresh root/year, 1.5ton starch/year, net profit 1600 RMB (about US\$246)

Form	Average unit Price	Total amount/Price (RMB Yuan)	Added value (compared with the fresh root)
Fresh root of sweet potato	0. 5RMB Yuan/Kg	1 ton/500 RMB (US\$ 82.6)	
Coarse starch	4.0RMB Yuan/Kg	160Kg/640RMB(US\$ 105.7)	0 %
Refined starch	6.0RMB Yuan/Kg	152Kg/912 RMB(US\$ 150.7)	42.5%
Instant noodle	15.0 RMB Yuan/Kg	137Kg/2055 RMB(US\$ 339.7)	221 %

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# Some Snack Food Processing Methods in China

#### 1. High temperature frying products (chips)

Fresh roots→ washing → peeling → cutting →heating → drying → frying → seasoning → packing

#### 2. Vacuum frying products (chips, sticks)

\_ Fresh roots→ washing → peeling → cutting →drying → frying → seasoning → packing

#### Feature of technology and products:

- 1) lower temperature
- 2) better quality (in color, crisp, nutrition)
- 3) medium and small production scale

#### Products (chips & sticks):

sweet potato, potato, taro, vegetables, fruits, etc.















Vacuum frying machine (frying,









# Snack foods made through vacuum frying method





French fries



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Sweet-potato snack food (re-structured)

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# Baking

### 1. Sweet potato candy

- 1) fresh root→ sugar soaking and boiling→ drying
- 2) fresh root/flour→ mixing-shaping→ baking



1. Sweet-potato candy (re-structured)



2. Biscuit from fresh roots & flour

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### Re-constructed

### 2. Restructured chips

- 1) sweet potato cracker from fresh roots & flour
- 2) Fried chips from flour and fresh roots
- 3) Biscuit from fresh roots & flour



1. sweet potato cracker from fresh roots & flour



2. Fried chips from flour and fresh roots

# 2. Derived products of Sweet-potato flour



Sweet-potato biscuit



Dumping flour from sweet potato and waxy rice



purple sweet potato noodle with wheat four



Purple sweet-potato complex rice by re-structured method

# Sweet-potato beverage production



## Future fields of research

### 1. Pre-harvest field

- New varieties for special processing products with specific characteristic
- Better and large storage facilities and technology for prolonged processing materials storage

### Other areas of research

- Changing tastes and preferences of eating habit
- Development of new products and processing technology
  - Products rich in ß-carotene and <u>anthocyanin</u>
  - Non-oil method by baking products

# Other areas of development

- International cooperation in R & D from variety to storage and processing
- Better policy framework and effective investment to promote processing

# Thank you