Comparison of postharvest handling methods on the quality and shelf-life characteristics of OFSP roots intended for processing into puree

Sweetpotato Action for Security and Health in Africa

SASHA

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## A reminder of current sweetpotato harvest and postharvest handling in the Kenyan value chains ....



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### So we set up a postharvest handling trial

#### Objective

To identify practical postharvest handling methods which minimised shelf-life reduction and quality loss of freshly harvested OFSP roots during short-term keeping (<14 days) in Kenya

### Experimental hypothesis

Careful dry soil removal and packaging techniques prolong shelf-life and maintain quality of freshly harvested OFSP roots intended for processing after up to 2 weeks keeping

#### Use of the findings

To develop a set of postharvest handling recommendations for OFSP puree processors to use with farmers in sourcing, harvesting, packing, transporting and short-term storage

### Overview of our postharvest handling (PHH) trial

#### Variables investigated

- Variety: Kabode and Vita (both are OFSP)
- Soil removal methods: Wet manual, Wet brush, Dry manual, No soil removal
- **Packaging**: Plastic crate; Wooden crate; Sack
- Shelf-life period: 0, 3, 7, 10 and 14 days

#### Process

Sweetpotato roots harvested in Kabondo (ox-plough, manual)

Selected medium to large sized undamaged roots

Divided into treatments

Rough road transport to Organi

Placed in keeping rooms until shelflife assessment

Trial was set-up in August 2015.



## PHH trial treatments

Treatment ID					Shelf-life periods				
code letter	Variety	Harvesting method	Soil removal method	Packaging	(days)	Replicates			
Α	Kabode	Ox-plough		Plastic crate	<u>3,7,10,14</u>	3			
В			Wet manual	Wooden crate	<u>3,7,10,14</u>	3			
С				Sack	<u>3,7,10,14</u>	3			
D				Plastic crate	<u>3,7,10,14</u>	3			
E			Wet brush	Wooden crate	<u>3,7,10,14</u>	3			
F				Sack	<u>3,7,10,14</u>	3			
G				Plastic crate	<u>3,7,10,14</u>	3			
Н			Dry manual	Wooden crate	<u>3,7,10,14</u>	3			
I				Sack	<u>3,7,10,14</u>	3			
J				Plastic crate	<u>3,7,10,14</u>	3			
K			No soil removal	Wooden crate	<u>3,7,10,14</u>	3			
L				Sack	<u>3,7,10,14</u>	3			
Т	Vita	Ox-plough	Dry manual	Wooden crate	<u>3, 10, 14</u>	3			
U			Bry manual	Sack	<u>3, 10, 14</u>	3			
W			No soil removal	Wooden crate	<u>3, 10, 14</u>	3			
X			NO SON TETHOVAL	Sack	<u>3, 10, 14</u>	3			
Y	Kabode	Manual harvest	Dry manual	Wooden crate	<u>3,7,10,14</u>	3			
Z	Vita	Manual harvest	Dry manual	Wooden crate	<u>3, 10,14</u>	3			
Example of labelling:		B-10 days-rep2	= Trt B (Kabode, Ox-plough, Wet manual, Wooden); (10 days sample); replicate 2						
		R-7 days-rep1	=Trt R (Vita, Ox-plough	, Wet brush, Sack); san	nple after 7 days storage;	replicate 1			
		R-7days-rep2	=Trt R (Vita, Ox-plough, Wet brush, Sack); sample after 7 days storage; replicate 2						

5

## What criteria were assessed during the PHH trial?

#### KABODE - Effect of postharvest handling on OFSP fresh root shelf-life trial, Kabondo, Kenya set-up 3 Aug 2015 /

1

Date of sample analysis (dd/mm/yy):

111

Variety	Harvesting	Soil	Packaging	Treatment	Replicate	Storage		Analysis criteria for each sample													
	method	removal method		ID code		period (e.g. 3,7, 10, 14 days since harvest)	Weight of sample (g)	Photo	General appearance of sample (1 to 9 scale; [9 = best fresh looking roots]	Sponginess score (1 to 9; [9 is best firm non-spongy roots])	Shrivelling score (1 to 9 scale; [9 =best non shrivelled roots; 1= totally shrivelled]	Total number o roots	No. of roots f exhibiting rotting	No. of roots with skin damage	% of surface area with skin damage (7=0 to 5%; 6=6- 10%; 5=11-20%; 4=21-30%; 3=31- 60%; 2=61-80%; 1=81-100%)	No. of roots with deeper insect or millipede damage	Peeling quality (1 to 9 scale; 9 = easiest)	Time take to peel each sample (mins)	Wt of roots after peeling (g)	Peeling remai	
				А	1																
Kabode O	Ox-plough	Wet manual	Ventilated plastic crate	А	2										1			1			
				А	3				• (-	enera	appe	arar	nce								
				в	1				• V	Veight	chang	е									
Kabode	Ox-plough	Wet manual	Wooden crate	в	2				• S	<ul> <li>Sponginess</li> </ul>											
				в	3				• S	hrivelli	ng										
Kabode	Ox-plough	Wet manual	Wet manual	Sack	с	2				• □	amade	e (anv	SUI	face	area	deep	er)				
				с	3				• •	Dooling quality of	ling quality and time										
				D	1				- Г	cenny	quant	y ai									
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## Images of Kabode roots, 14 days after harvest with different soil removal and packaging treatments

	days	Sack	Plastic crate	Wooden crate
Wet manual	14			
Wet brush	14			
Dry manual	14			
No soil removal	14			

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## Complex trial design.. complex results due to so many interactions



8

### Statistical comparison: simplified % weight loss over time to 'Number of days to 5% weight loss'



Soil removal method and packaging container

Analysis of Variance Table

Root weight loss was slower in

all the soil removal treatments

to wooden or plastic crates

polypropylene sacks as opposed

when packaged in

	Df	Sum Sq	Mean Sq	F value	p-value	
var	1	182.42	182.42	16.1057	0.0003375	***
soil	з	75.74	25.25	2.2290	0.1038615	
store	2	823.81	411.90	36.3674	5.767e-09	***
var:soil	1	21.39	21.39	1.8890	0.1788699	
var:store	1	22.53	22.53	1.9896	0.1680329	
soil:store	6	41.74	6.96	0.6142	0.7172073	
var:soil:store	1	91.96	91.96	8.1191	0.0075985	**
Residuals	32	362.44	11.33			
						0
Signif. codes:	0	`***' (	0.001 `*'	*′ 0.01	`*′ 0.05 `.	′ 0.1 \ <mark>9</mark> 1

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## Statistical comparison: **Decline in general appearance score** between day 3 and day 14



#### Soil removal method and packaging container

Analysis of Variance Table

- General appearance typically declined from 7 days onwards
- For first 3 days general appearance of roots with dry manual or no soil removal (nsr) was better than washed roots
- However their general appearance declined from day 3 to 14
- Roots in wooden crates had a greater decline in general appearance than those in sacks
- Vita roots appeared to decline less rapidly than Kabode

Sum Sq Mear	n Sq F value	Pr(>F)	
AGT	1 5.6641	5.6641 16.1427	0.0002679 ***
soil	3 13.7673	4.5891 13.0789	5.136e-06 ***
store	2 3.7356	1.8678 5.3232	0.0091603 **
var:soil	1 0.7932	0.7932 2.2607	0.1409633
var:store	1 1.3749	1.3749 3.9185	0.0550363 .
soil:store	6 1.9744	0.3291 0.9379	0.4795340
<pre>var:soil:store</pre>	1 0.1905	0.1905 0.5429	0.4657758
Residuals	38 13.3333	0.3509	



# Statistical comparison: **Percentage out-turn after peeling** of roots kept for 14 days



Soil removal method and packaging container





- For Kabode % outturn (by weight) generally lower for roots in wooden crates than in sacks
- This difference was not apparent for Vita
- Note: no clear trends in peeling time, peeling score tended to drop between day 10 and 14



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Resulting postharvest handling recommendations	FARMERS	<ol> <li>Ox-plough or manual harvesting with care</li> <li>Transport to collection centre</li> <li>Manual washing away of soil, and air-drying of roots</li> <li>Sort roots and remove any weevil damaged, rotting or small roots</li> <li>Careful packing of dry roots in clean 50kg sacks (avoid over-filling sacks)</li> </ol>
	TRANSPORTERS	1. Careful loading, stacking and off-loading of sacks
	PROCESSORS	<ol> <li>Careful emptying of sacks of roots</li> <li>Sort roots into:         <ul> <li>Immediate use: those to be used in next 2 days – heap in peeling shed, to include any broken or heavily skin damaged roots</li> <li>Short-term keeping: those to be used in next 2 weeks, as determined by root demand, root stocks and root quality. Ensure roots are not <i>Cylas</i> infested, not broken, not wet, and then place them in a clean sack in a cool place (e.g. store room or shade)</li> <li>Long-term storage: those to be kept for up to 4 months. Ensure roots are as undamaged as possible, dry, no <i>Cylas</i> weevil damage, then place in selected packaging container (may be sack, wood or plastic crate – trials not yet done). Curing prior to storage. Ensure regular monitoring, stock control and rodent management.</li> </ul> </li> </ol>

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## Discussion

- Complex experimental design and analysis
- Washed roots kept in sacks did not rot within 4-5 days
- Root weight loss and general appearance changed less in sacks than crates
- However, further study needed for long-term fresh root storage and also on optimum practical curing and storage conditions and environments
- High % damaged roots processors will be keeping damaged roots a *challenge*
- Root supply in trial obtaining sufficient roots was difficult (*OFSP vine value issue*), and subsequently there have been gluts *knowledge and control of root supply is vital*
- Our trial was fairly small-scale, a higher density of roots in the sacks and crates might give different results
- Rodent management in fresh root stores: *serious issue needing study*
- β-carotene retention during fresh root keeping and storage needs further study/ understanding (*temp, transport to analysis lab, varieties*)

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