# Advocacy Fundamentals

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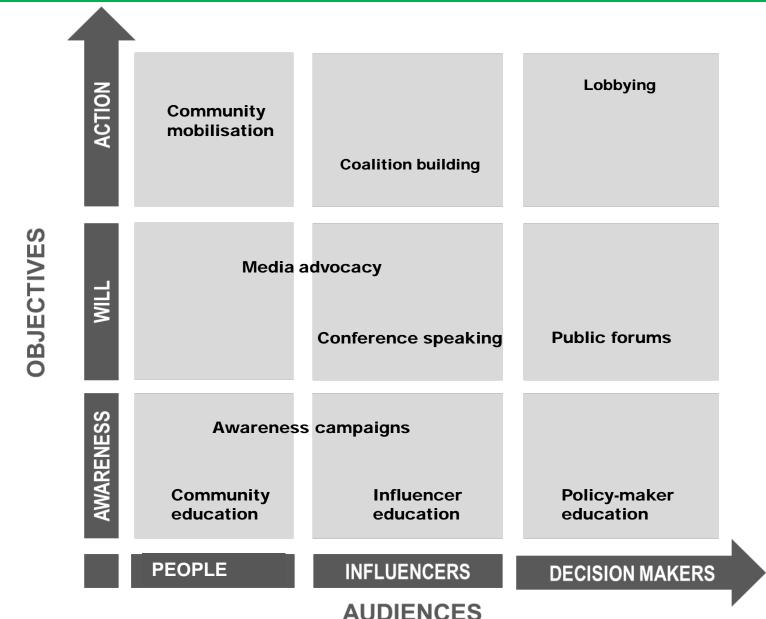
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#### Advocacy strategy: Framework



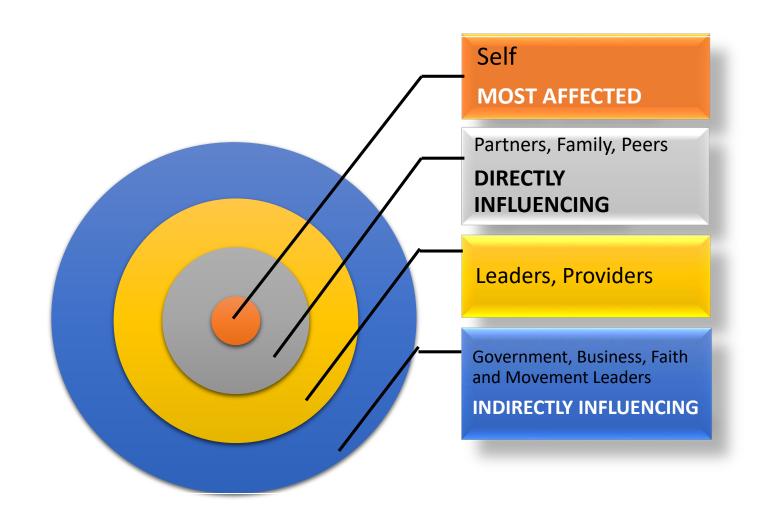
**AUDIENCES** 

# The advocacy process- three inter-linked components:

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Component One	The Foundation: Understanding the Issue and the Stakeholder Environment	
Component Two	Organising Internally	
Component Three	Reaching the Audience: Defining the Message, Selecting the Activities to Implement	

### Audience Analysis Graph



#### Audience Analysis Graph...

#### Direction

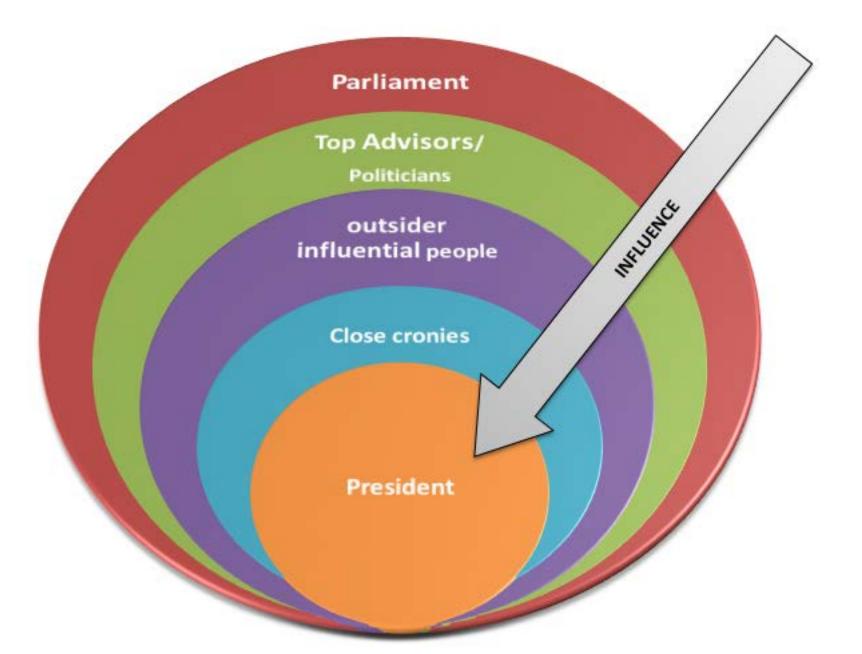
- In the **Centre** is an Individual (Self) yourself "Who are the people most affected by the issue"
- In the **next ring**, Ask yourself "Who are the people who have contact with the individuals in the center ring and directly influence them?"
- In the **next ring**, ask yourself "Who is the community allows for certain activities, and controls resources, access to, demand for and quality of service and product?"
- In the last "environmental" ring, ask yourself, "Who are the people who indirectly influence the affected individual(at the center ring)"?

#### the Centre of Power

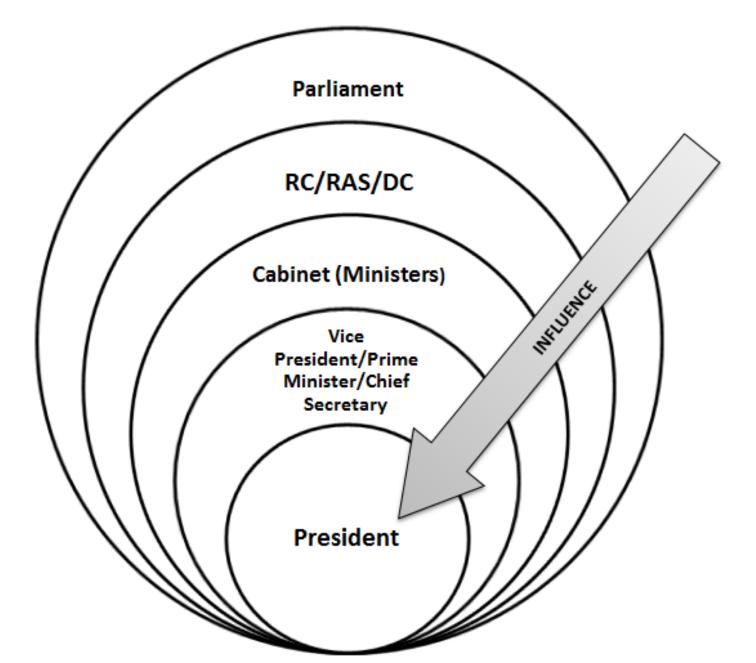
Successful advocacy initiative need to focus on the centre of power Key question to ask your self:

- What is power?
- Who holds power?
- Who are the influencers?

# Power Mapping is Critical



#### Power Mapping: TZ Official Scenario



Plenary

Q. Determine who else has influence to the centre of powers

#### What do you need to know?

- What is the level of understanding on the issues
- How people made up their minds about the issue
- How they feel about change
- How the issue divides or links the community

### Understanding the issue at stake?

#### Why?

- recruit allies
- understand opponents
- win arguments
- Plan strategy

### Advocacy Models

Q: Plenary discussion

Mention any advocacy models that you know from your past experience

# **Key Models**

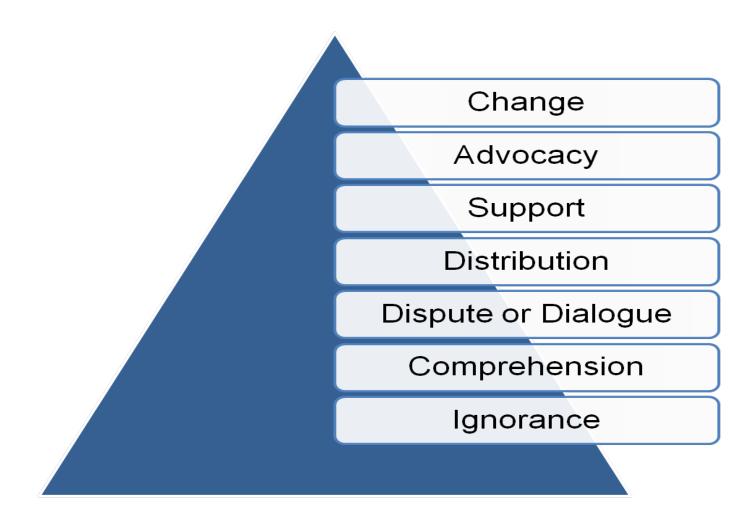
Model-defined in the Oxford English Dictionary: 'a hypothetical description of a complex entity or process.'

- Ecological Model
- Change Model
- Champions Model
- Systems Model

#### **Ecological Model**



# The Change Model



# The Champions Model

Question

"Who is a Champion?

Buzz into two's – use 2 minutes

### Systems Model



### Question

"Who is a Champion?

#### The Champions Model...

- A "champion" is a "charismatic advocate of a belief, practice, program, policy and/or technology."
- A unique advocacy model Closely associated with the "diffusion of innovations" model that theorizes how innovative individuals spread new technologies or ideas through social systems,
- the champions advocacy model is meant to increase the likelihood that a new or underutilized strategy will become standard practice.
- An advocacy effort focused on using champions may work best when individuals who are already considered influential within their spheres are engaged to promote an issue.

### The champion scale

Assess where they are, then move them up the Champion Scale

4 Champion

3 Leader

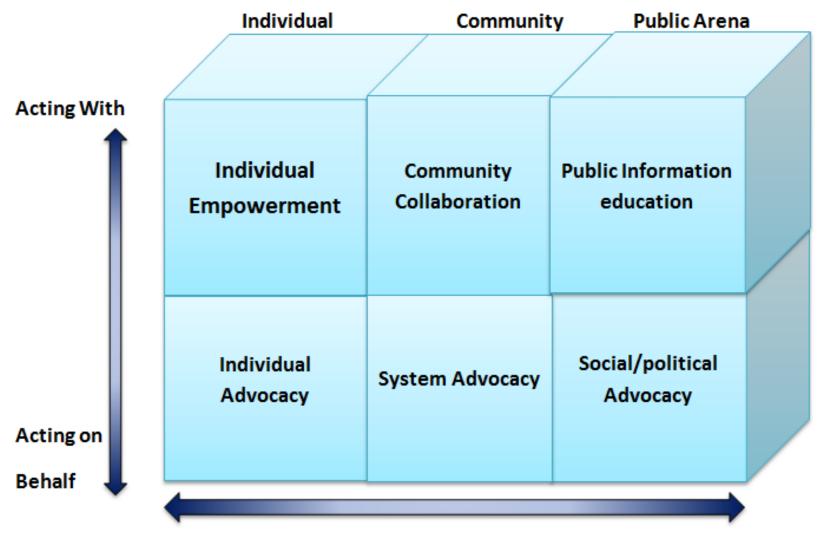
2 Advocate

1 Supporter

0 Uninformed/Neutral

1 Opponent

#### **Advocacy Competence Domain**



Micro level

Macro Level

#### Key Advocacy Capacities

- Analysis of complex issues to develop winnable policy alternatives
- Develop and implement campaigns
- Build and maintain strong broad-based coalition and stakeholder alliances
- Design and implement communications strategies
- Build an active grassroots network
- Generate or gather evidence
- Mobilize resources

#### The Advocacy Process Linking with Key activities

COMPONENT ONE	$\rightarrow$	The Foundation: Understanding the Issue and Environment	Monitoring the issue Collection of information Analysis of impact on members Analysis of stakeholder environment
COMPONENT TWO	$\rightarrow$	Organising Internally	Role of the advocacy committee Soliciting views of members Outline of the strategy (desired outcome and options to achieve it)
COMPONENT THREE	$\rightarrow$	Reaching the Audience: Message, Activities	Coalitions Identifying the key message Establishing advocacy activities

#### Example

#### Organisation

Population

Elements in Workplace, School, Clubs, Church: Canteens and snack vending machines; Physical and psychological conditions.

#### Population

Elements that impact on population: Economy; Pay levels; Unemployment; Food industry marketing; Food pricing and competition

'What' food is eaten

'Where' food is eaten (e.g. cooking/eating at home)

'How' food is eaten (e.g. chewing)

'Why' food is eaten (e.g. religion)

'When' food is eaten (e.g. meal times; snacking)

#### Organisation

Life-course experience

Environment

Individual capacity for action & behaviour

Diet

Socio-cultural

#### Socio-cultural

Socio-economic; Ethnicity;

Culture; Religion; Age;

Gender: Lifestyles associated

with each

#### Environment

Elements in the macro- and micro- environment: Access to shops; Food types available; Housing (cooking facilities; garden); Allotments for growing vegetables.

- Self-efficacy
- Knowledge
- Intentions
- Emotions

Conceptual framework for public health guidance (source: Kelly MP et al. 2009) Clinical outcomes due to diet include: Overweight and obesity, CVD, Cancer, Osteoporosis, Rickets and other diseases of deficiency.

#### Approaches

#### 1. Issues vis a viz expressive

- Issues: long term issue e.g campaign for water in a village or reduction of stunting
- Expressive: making their desire known in specified period or event e.g Election, visiting influential leader to your country

#### 2. Proactive vis a viz reactive

- Proactive: Set an agenda, then work for it
- Reactive: Fire fighting, usually the engagement is done at the last minutes